Anna struggles to manage...

Anna had just split up with her husband and had been left with two children to bring up. As well as being a mother, she was holding down a job and therefore was finding it very difficult to cope. She called the Employee Assistance Programme and spoke with a counsellor. From their conversation, it was recognised that Anna had an immediate need for legal support following her separation.

During the discussion with a member of the LifeManagement™ Services team, Anna broke down in tears and the LifeManagement™ Consultant suggested that she might benefit from further counselling. She phoned the next evening and was able to speak with a counsellor immediately. She felt better for having someone to talk to and was very receptive when the counsellor suggested that a face to face meeting with a counsellor might benefit her.

Anna is firmly back in control – secure in the knowledge that she can always call us up and speak with a counsellor over the phone should the need arise.